

# YOUR EMPLOYEE BENEFITS

BENEFIT PLANS EFFECTIVE JANUARY 1, 2025 - DECEMBER 31, 2025

# BENEFITS BUILT FOR YOU

At Eagle Valley Transportation Authority, we care about you. That's why we offer a comprehensive suite of benefits that support your physical, emotional, and financial health for you and your family.

Understanding your benefits and knowing how to use them is just as important as having access to them. Review this guide to learn about the benefits available to you for the 2025 plan year. Then choose the options that are best for you and your family. If viewing this guide electronically, you can click within the Table of Contents to navigate to that section. You can also click the orange icon displayed on each page if you'd like to return to the Table of Contents.

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#### WHO IS ELIGIBLE?

As an Eagle Valley Transportation Authority employee, you are eligible for medical & retirement benefits if you are a full-time employee, full-time seasonal employee who works over 6 months and part-time employees who work over 20 hours. Benefits are effective on the first day of the month following your date of hire. You may enroll your eligible dependents for coverage once you are eligible. Your eligible dependents include:

- Your Legal Spouse
- Civil Union Partner
- Your children up to age 26

#### **CHANGING YOUR BENEFITS**

#### **New Employees**

As a new employee, you must enroll in benefits within 30 days of your date of hire. If you do not enroll within 30 days, you will need to wait until the next open enrollment period to enroll.

**Qualifying Events and Dropping Dependents:** Generally, you may only make or change your existing benefit elections as a new hire or during the annual open enrollment period. However, you may drop a dependent at any time and they will be covered through the end of the month, or you can change your benefit elections during the year if you experience one of the following qualifying life events.

#### 1. Change in marital status

- Marriage
- Death of spouse
- Divorce
- Legal separation
- 2. Change in number of dependents
  - Marriage
  - Birth
  - Death
  - Adoption of child or placement of a child for adoption
- 3. Change in coverage status
  - Loss or gain of other coverage by the employee or dependent
- 4. Change in individual coverage status due to aging out
  - In the event that an employee loses eligibility on their parent's plan, due to aging out (26)

You have **30 days from the qualified life event** to make changes to your coverage. Depending on the type of event, you may need to provide proof of the event (ie. marriage license, birth certificate etc.). You do not need to provide documentation if your only change is to drop a dependent(s) off your current plan, but documentation will always be required if adding dependents outside of open enrollment.



#### **OPEN ENROLLMENT 2025**

#### Open Enrollment dates: 11/4 - 11/22

Open Enrollment this year is **PASSIVE**. Passive enrollment means you only need to go in and complete online enrollment if you want to make changes to your benefits. If you want everything to remain the same, no action is necessary. To complete Open Enrollment you will need to <u>register</u> for CEBT's online enrollment system to make your 2025 benefit elections for **medical**, **dental**, **vision**, **and life** coverage. Changes will become effective **January 1**, **2025**.



#### GET STARTED WITH OPEN ENROLLMENT

#### REGISTRATION/LOGIN

Begin by going to www.cebt.org, and clicking on the Community/Online Enrollment Tab.

First time users will click on the first "click here" option to register. Fill in the required fields on the registration page. Please use your work email address, or the email address you have on file with your employer. Press "create" and you will receive an email shortly after with a link to login.

nployee Information	
First Name	
Last Name *	
Date of Birth *	
<b>a</b>	
SSN *(Last 4 digit of 55h)	
Email *	
Username * Required to be in format of ema	all address

#### **VIEW YOUR CURRENT BENEFITS**

Once logged in you can view current benefits by selecting the "Your Benefits" tab.



		Add New Dependenc
Gender	DOB (MM/DD/YYYY)	SSN
-None-	•	000-00-0000

#### For Employees

Click Here if you have not registered for the com username and password.

Click Here to access the login page for the CEB

Returning Employees click on the second "click here" option from the website to access the Community login page. You will not need to create a password or go through the registration process. If you forgot your password, click on "Forgot Your Password" link underneath the Login button.

Create a password, confirm and select change password



#### **BEGIN ENROLLMENT**

Select the Open Enrollment button in order to choose plan elections for the upcoming plan year.

#### NEED TO ADD A DEPENDENT?

 Scroll down on the benefits page and click on "Add New Dependent"
 Fill in required information
 Press "Save Dependent"

#### MAKE YOUR ELECTIONS

Review the benefit options available, and choose a plan.

#### ADD A DEPENDENT TO YOUR PLAN

Include dependents on coverage by checking the box next to the dependent you wish to add. You will need to do this as you move through each benefit tab.

### WONDERING WHAT PLAN TO CHOOSE?

Refer to the benefit descriptions for a comparison of the different plan designs.

#### ADD A BENEFICIARY

Add multiple beneficiaries by selecting the + sign, inputting their name, relationship, and percent. The total percentage of all primary or contingent beneficiaries should equal 100%.

#### PREVIEW AND SUBMIT ENROLLMENT

Select "Preview Benefits & Complete Enrollment" to review your benefits before submitting.

Select "Save & Finish" to submit enrollment or "Make a Change" to revise your elections.

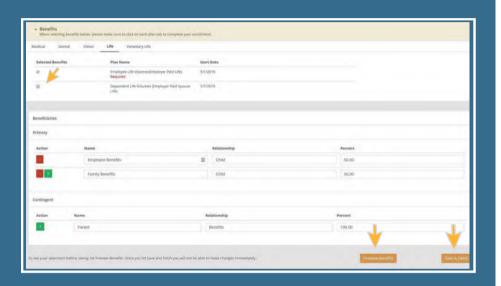
#### UPLOAD DEPENDENT VERIFICATION

Upload proof of dependent documentation for any new dependent being added to your benefits (ie. birth certificate, marriage certificate, adoption papers, common law certificate, civil union certificate), and press upload.

Ipload Proof of Dependent	pesn't also serve as a proof-of-dependent document, then ple	are unload the new LoL dependent document here
your prostor event occurrent or	даят с воо зел че во в риооточносредниете восшителя, шел ре	are opposed one provide permeters abcomment note
Please upload Proof of Depen	dent(s) for each applicable dependent (Employee	Choose Files No file chosen
Benefits)		
		Summarize Coverage

Dependent Verification is required within 30 days. If you do not have it at the time of enrollment press "Skip and Continue", and submit to your HR administrator.

	sion Life Voluntary Life				
Selected Benefits	Plan Name	Start Date	Bene	fit Description	Employee Contribution would be \$513.00 p
*	PP03	5/1/2019		*	
6	HEP	5/1/2019		*	
0	PPOA	\$11/2019		*	
0	KIF DHMO 1500	5/1/2019		*	
8	Walve Coverage				
Would you like to contribute to Select Tax Type:	under special circumstances, please see ; nitis plan with pre or post tax dollars?				.L.
E Pre-Lax E Pess-Lax					Add Department
					And Departments
		a distance in the	Gender	DOB	55N
Name		Relationship			



#### Other Insurance Information

After you have uploaded dependent verification (if needed) and your elections have been submitted for review, click on the link under "Other Insurance Verifications." You will be taken to the CEBT Contact Us page. Select the "Other Insurance Information" option. From here answer the question on whether you or your dependents have other coverage. Please fill in the required information.

Your elections have been submitted for review.	
Add Attachment / accepted the Types are pdf, fire lods, add, stor, ador, and phase no larger than 6 MB y	Other Insurance Information  Member's Dependent(s) Other Insurance Information: If you received a request from UMR requesting Dependent(s) Other Insurance Information please complete the form
Upload Proof of Event	determination can be made as to which coverage is primary for your dependents? If they have multiple coverages.
Please upload Proof of Event document here if applicable Choose Files No file chosen	Do any dependents have any other coverage for medical, dental, or vision:
1 general	YES, THEY DO NO, THEY DO NOT
Summitid Courages	
Please confirm whether your dependents have other insurance by clicking here.	REVIEW AND PRINT ELECTIONS
t Benefits	
nmarize Coverages	Coverage 2019/05/01 (Pending Approval) • Evine Evine Evine Evine Select "Summarize Coverages" in order review your
	enrollment.
I Starts on \$/1/2019 , Total Cost \$1,289.00 - Employer Contribution \$728.00 - Your monthly cost \$513.00 erred Oppendents ployee Benefits (child)	Print your election summary for your records or future
	reference.



#### WHAT IS CEBT?

The Colorado Employer Benefit Trust (CEBT) is a self-funded, governmental multiple employer trust that provides employee benefits for over four hundred and fifty (450) public entities, with over 37,000 employees and dependents covered in the state of Colorado. The CEBT plan offers health, dental, vision and life coverage to the participating groups.

#### WHO IS WTW?

Willis Towers Watson (WTW) is the broker / administrator for the CEBT. It provides customer service for plan participants to obtain answers on claims and benefits questions at (800) 332-1168 or (303) 773-1373. Willis Towers Watson has service representatives that make periodic visits to the participating groups to answer questions. In addition, the Trust administrator markets for prospective new members. Finally, Willis Towers Watson handles the eligibility and premium invoice process between the Trust and the participating employers.

# WHAT ARE THE ROLES OF UMR, CVS CAREMARK, DELTA DENTAL & VISION SERVICE PLAN (VSP)?

CEBT has contracted with these managed health care companies to provide claims processing and provider network access:

**UMR** provides third party claim payment services and access to the United Healthcare provider networks for CEBT members who have medical coverage.

**CVS Caremark** provides the pharmacy payment and access to their provider network for CEBT members who have medical coverage using the United Healthcare provider network.

**Delta Dental of Colorado** provides third party dental claim payment services and access to their Dental PPO and Premier networks.

**Vision Service Plan (VSP)** provides the vision payment and access to their provider network for CEBT members who have vision coverage.

Much of your day to day correspondence, such as Explanations of Benefits (EOB) and requests for further information, will come from UMR. Additionally, you will receive ID cards from UMR or CVS Caremark and Delta Dental, but not from VSP. VSP does not utilize cards.



#### **NEED HELP WITH A CLAIM?**

CEBT has a customer service team of ten individuals to assist CEBT clients with a variety of benefit information. The Customer Service Representatives are housed right in Willis Towers Watson offices. Their hours of operation are Monday – Friday 7:30am – 4:30pm (except Friday they close at 4:00). If you need assistance in any of the following areas, please call the customer service line at **1-800-332-1168**:

- Benefit information
- Claim resolution
- Claim status
- Explanation of Benefits
- Deductibles
- Order ID cards

#### THE CEBT MOBILE APP: BENEFITS AT YOUR FINGERTIPS!

The CEBT mobile app gives you simple and convenient access to manage your health care benefits on the go. On the app, you can:



#### DOWNLOAD THE 'CEBT HEALTH PLAN' APP

Partners.

process life event/open

enrollment changes.



cards.



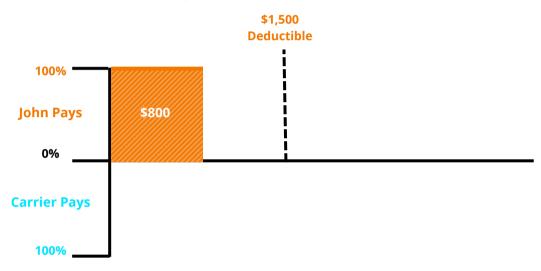


#### **KEY BENEFIT TERMS**

**BENEFIT YEAR:** The 12 months over which the benefits are paid and accumulated. The deductible and out of pocket maximums are accumulated over the Benefit Year and are reset to zero at the beginning of the next Benefit Year. For CEBT, the Benefit Year is January 1 – December 31.

**DEDUCTIBLE:** The amount you owe for health care services before your health insurance or plan begins to pay.

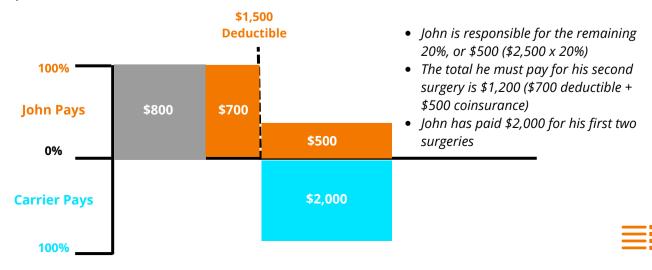
**For example:** John has a health plan with a \$1,500 annual deductible. He falls of his roof and need three knee surgeries; the first of which is \$800. Because John hasn't paid anything toward his deductible this year, he is responsible for 100% of his first surgery. \$800 is applied to John's deductible.



**COPAY:** A fixed amount you pay for a covered health care service, usually when you receive the service. The amount can vary by the type of covered health care service. The copay does not apply towards meeting the deductible but does count towards the out of pocket maximum

**CO-INSURANCE:** Your share of the costs of a covered health service, calculated as a percent (for example, 20%) of the allowed amount for the service. You pay co-insurance after you have met any deductible you owe.

*For example:* John's second surgery costs \$3,200. Because he's paid \$800 of his \$1,500 annual deductible, John is responsible for the first \$700 to meet his deductible. His plan will then cover 80% of the remaining cost, a total of \$2,000 (\$2,500 x 80%)



#### **KEY BENEFIT TERMS**

**OUT OF POCKET MAXIMUM:** The most you pay in a calendar year before your health plan begins to pay 100% of the allowed amount.

Items that count towards the out of pocket maximum:

- Copays
- Deductibles
- Co-insurance payments

Items that DO NOT count towards the out of pocket maximum:

- Your premium
- Balance-billed charges
- Charges your health insurance plan does not cover (i.e. plastic surgery and other excluded services)

**Example:** John's third surgery costs \$12,000; his plan has a \$4,000 OOPM. Because John already paid \$2,000 toward his OOPM for his first two surgeries, he only needs to spend \$2,000 before he hits his OOPM (\$4,000 - \$2,000). The plan pays the remaining \$10,000 (\$8,000 - \$2,000).



**EOB**-**Explanation of Benefits:** An explanation of benefits is a statement sent by a health insurance company to covered individuals explaining what medical treatments and/or services were paid for on their behalf.

FORMULARY: A list of prescription drugs covered by the health plan.





#### **MEDICAL COVERAGE**

### United Healthcare

Employees of Eagle Valley Transportation Authority have the option to choose from two different medical plan options **PPO3** and **PPO4** offered through the Colorado Employer Benefit Trust (CEBT). Each plan includes comprehensive health care benefits, including free preventive care services and coverage for prescription drugs. These plans use the United Healthcare Choice Plus network. This is the network of doctors you will want to stay within in order to access your in network level of benefits.

Before you enroll in medical coverage, take some time to fully understand how each plan works.

#### **BEFORE YOU CHOOSE A PLAN, CONSIDER THIS:**



Do you prefer to pay more for medical out of your paycheck, but less when you need care?



What planned medical services do you expect to need in the upcoming year?



Do you or any of your covered family members take any prescription medications on a regular basis?



#### **CEBT MEDICAL PLANS**

The table below summarizes the benefits of each medical plan.

The coinsurance amounts listed reflect the amount you pay. Please refer to the official <u>plan</u> <u>documents</u> for additional information on coverage and exclusions.

MEDICAL BASE PLAN	PPO3	PPO4	
Network	United Healthcare Choice Plus	United Healthcare Choice Plus	
Office Visit (Primary Specialty)	\$35 Copay   \$35 Copay	\$40 Copay   \$40 Copay	
Deductible (Single Family)	\$1,000   \$2,000 Embedded	\$1,500   \$3,000 Embedded	
Coinsurance (In Out)	<b>n Out)</b> 20% ln   *40% Out 20% ln   *40% Out		
Out of Pocket Single (In Out)	Out)         \$3,000   \$6,000         \$4,000   \$8,000		
Out of Pocket Family (In Out)	t of Pocket Family (In Out) \$6,000   \$12,000 \$8,000   \$16,000		
Inpatient Hospital	Deductible + 20% to OOP Max	Deductible + 20% to OOP Max	
Outpatient Hospital	Deductible + 20% to OOP Max	Deductible + 20% to OOP Max	
Rx Retail	Generic \$20 Preferred \$40 Non-Preferred \$60	Generic \$20 Preferred \$40 Non-Preferred \$60	
Rx Mail Order	2 Х Сорау	2 Х Сорау	
Preventative Visit	Covered 100%	Covered 100%	
Chiropractic	\$35 Copay   20 Visits per year	*\$40 Copay   20 Visits per year	
Teladoc	Covered 100%	Covered 100%	
Telehealth	\$35 Copay	\$40 Copay	
Advanced Imaging         Deductible + 20% to OOP Max         Deductible +		Deductible + 20% to OOP Max	
X-ray	\$35 Copay office setting   Outpatient setting Deductible + 20% to OOP Max	\$40 Copay office setting   Outpatient setting Deductible + 20% to OOP Max	
Lab	\$35 Copay	\$40 Copay	
Urgent Care	\$75 Copay	\$75 Copay	
Emergency Care	Deductible + 20% to OOP Max	Deductible + 20% to OOP Max	

This comparison of coverage is intended only as a general description for the principle in network features of the benefit plans. If there are questions about a particular benefit or the coverage tier, please refer to the full plan document that is posted on the <u>www.cebt.org</u> website for specific coverage details.

\*Charges are subject to Usual & Customary (U&C). These charges are considered in excess of the Reasonable Reimbursement, the Recognized Amount, the Usual and Customary charge, the Negotiated Rate, or the fee schedule.

Exclusions under this category do not apply to payments that may be required under the No Surprises Act.

Preventative Services – will be processed following the Federal Patient Protection and Affordable Care Act. For more information on these services go to <a href="https://www.cebt.org/benefit-booklets">https://www.cebt.org/benefit-booklets</a>.

PPO Note: Combination of PPO and Non PPO out of pocket limit will never exceed the Non PPO out of pocket limit.

PPO Plan deductibles fall under the definition of an Embedded deductible where any single member of a family doesn't have to meet the full family deductible for the after-deductible benefits to kick in. Once they meet the individual deductible, plan benefits will start to pay.



#### CEBT HEALTH & WELLNESS CENTERS



The Health & Wellness Centers are a benefit for you and your dependent children (age 2+) if you are enrolled in one of the medical plans. These centers provide primary care, disease management and wellness services at a waived or reduced member copay, which aids in better overall health for members as well as reduced claims costs for CEBT. Click here to learn more.



Prevention

#### **Health Screenings**

- Annual exams
- Blood pressure
- Body mass index
- Cholesterol
- Glucose
- · School, camp, and sports physicals

#### **Health Coaching**

- Nutrition
- Physical activity
- Tobacco cessation
- Stress management
- Weight loss



#### Lab Services

Blood work and lab tests processed at the center include hemoglobin A1C, lipid panel, glucose, rapid strep, mono, urinalysis, oxygen saturation, and pregnancy. Additional lab tests can also be drawn and sent to an outside lab for processing.

#### Privacy

The care you receive at the CEBT Health & Wellness Centers is confidential and protected by state and federal law.

#### **Eligibility and Cost**

Employees, spouses, and dependents ages 2 and older who are on the medical plan are eligible to use the virtual and in-person services provided at any of the CEBT Health & Wellness Centers. Services include primary and preventive care such as annual physicals, school and sports physicals, wellness visits, chronic condition coaching, and health coaching. There is no cost to patients for services delivered at the health centers (sick visits are \$45 for members on the HDHP only).

# **Chronic Condition**

- Coaching Arthritis
- Asthma
- COPD
- Depression
- Diabetes
- Heart health
- Low back pain
- Sleep apnea
- Educational offerings



Sick Visits

- Bronchitis
- Common cold
- Constipation
- Cough
- Diarrhea
- Eye infections
- Headache

- Joint pain
- Nausea and vomiting
- Nosebleed
- Sinus infections
- Skin infections
- Strep throat



#### Medications

- Common medications dispensed onsite
- Other prescriptions sent to pharmacies
- Preventive medications are provided at no charge
- · Controlled substances such as narcotics are not dispensed at the health center
- Consultation required with a provider to ensure oversight of your medical treatment

#### **CEBT Health & Wellness Centers**

Widefield: 930 Leta Drive | 719-551-5808

- 🛧 Rifle: 707 Wapiti Avenue, Suite 201-A | 970-440-8085
- Glenwood Springs: 1901 Grand Avenue, Suite 200 | 970-440-8087
- 🛨 Gypsum: 35 Lindbergh Drive, Suite 110 | 970-431-2871 Loveland: 2889 N. Garfield Avenue | 970-744-2866 Greeley: 4675 W. 20th Street Road, Unit B | 970-373-4625 my.marathon-health.com





#### **PRESCRIPTION DRUG COVERAGE**



The vendor that manages your prescriptions on the CEBT United Healthcare plans **PPO3** and **PPO4** is CVS Caremark. Please note that CVS is not the only pharmacy you have access to. You are able to use a pharmacy at King Soopers, Safeway, Walmart, Walgreens, etc. To review commonly prescribed medications and specialty medications or learn more about your pharmacy benefits visit the <u>CVS Caremark</u> page on the CEBT website.

If you would like to access CVS 90 day mail order for your maintenance medications (blood pressure, cholesterol, etc.), you will need to do so by calling them directly at 866-885-4944 or have your doctor send the prescription into the CVS mail order pharmacy. By using mail order you are able to get a 90 day supply for the cost of a 60 day supply. You can receive three months for the price of two!

Prescription Drugs (retail 30 day)	Prescription Drugs (mail order 90 day)
\$20 copay – Generic	\$40 copay – Generic
\$40 copay – Preferred Brand	\$80 copay – Preferred Brand
\$60 copay – Non- Preferred Brand/Specialty	\$120 copay – Non- Preferred Brand/Specialty

#### Here are six tips to help you save time and money on your medications:

1. Register at Caremark.com. That way we can keep you up to date on new and unique ways to save.

2. Be sure any retail pharmacy you use is in your network. Network pharmacies are included in your prescription plan to help keep costs low. If you fill out-of-network, you will have to pay 100% of the cost. Find a network pharmacy before you fill at Caremark.com.

3. Know which medications are covered. Your plan's list of covered medications can help you and your doctor find the most costeffective drug option. Find your plan's list of covered medications at Caremark.com. 4. Use the Check Drug Cost tool available at Caremark.com. You'll be able to do asideby-side comparison of your medications to see where you could be saving.

5. Ask your doctor if there is a generic option for your brand-name medication. Proven just as safe and effective as brandname medications, generics may be an

affordable option for your treatment. 6. Choose delivery by mail or pick up. We'll deliver your 90-day supplies anywhere you like, with no-cost shipping (and status alerts for tracking). Our discreet packages are tamper-proof, weather-proof and temperature controlled, so it's a safe option for you.

- OR -

Pick them up at any CVS Pharmacy (including those inside Target stores). Either way you get the same quality, price and convenience.

#### **DENTAL COVERAGE**

It's important to have regular dental exams and cleanings so problems are detected before they become painful – and expensive. Keeping your teeth and gums clean and healthy will help prevent most tooth decay and is an important part of maintaining your overall health. The CEBT dental plan uses the Delta Dental network. You can go to any dentist of your choosing with this plan, but it is in your best interest to find a Delta Dental provider. There are 3 different network levels you can access: **PPO Dentist**, **Premier Dentist**, and **Non-Participating Dentist**. You will receive the best benefit and the deepest discounts by choosing a PPO dentist. Delta Dental providers offer the greatest savings and protection from balance-billing for covered services. Please refer to the official plan document for additional information on coverage and exclusions. Locate a Delta Dental network dentist at <a href="https://www.deltadental.com/us/en/member/find-a-dentist.html">https://www.deltadental.com/us/en/member/find-a-dentist.html</a>.

	Estimated Charge	Maximum Allowed Fees	Percentage Paid by Delta Dental	Amount Delta Dental Pays	Amount Dentist can Balance-Bill	Total Amount You Pay	Your Total Cost Savings
PPO Network	<sup>\$</sup> 1,200	\$850	50%	\$425	\$O	<sup>\$</sup> 425	\$350
Premier Network	\$1,200	\$975	50%	\$487.50	\$0	\$487.50	\$225
Out of Network	\$1,200	\$700	50%	\$350	\$500	\$850	\$O

COVERED SERVICES	DENTAL A		
Annual Max	\$2,000		
Deductible (Single Family)	\$50   \$150		
Preventative Services	Covered at 100%   routine exams & cleanings 2 times per cal year, bitewing x-rays once per cal year, full mouth x-rays eligible once in a 5-year period		
Basic Services	Covered at 80%   emergency treatment, space maintainers, simple extractions, anesthesia and restorative fillings, oral surgery, endodontics, periodontics, root canal		
Major Services	Covered at 50%   crowns, partial or full dentures, implants		
Orthodontia Services	Covered at 50% with lifetime max of \$2,000. Includes adults and dependent children through age 26		
PPO Dentist - Payment is based on the PPO dentist's allowable fee, or the actual fee charged, whichever is less			

**PPO Dentist** - Payment is based on the PPO dentist's allowable fee, or the actual fee charged, whichever is less. **Premier Dentist** - Payment is based on the Premier Maximum Plan Allowance (MPA), or the fee actually charged, whichever is less.

**Non-Participating Dentist** – Payment is based on the non-participating Maximum Plan Allowance. Members are responsible for the difference between the non- participating MPA and the full fee charged by the dentist. You will receive the best benefit by choosing a PPO dentist.

**DELTA DENTAL** 

**HEALTH PLANS** 

A DELTA DENTAL

**Prevention First**: Delta Dental of Colorado knows that regular visits to the dentist can improve your oral health and your overall health. And with our exclusive PREVENTION FIRST program, your diagnostic and preventive visits will not count against your annual maximum. This helps your benefits go further by extending your annual maximum dollars.



**Right Start 4 Kids (RS4K):** a plan design enhancement that removes most of the cost barriers to dental care by providing coverage for children up to their 13th birthday at 100% coinsurance for diagnostic & preventive, basic, and major services, with no deductible, when in-network providers are seen.\* If an out-of-network provider is seen, the adult coinsurance levels will apply. Orthodontic services are available but are not eligible for the RS4K 100% coverage level.



\* Right Start 4 Kids is subject to limitations, exclusions, and annual maximum. Check your benefits booklet for specific plan coverage as it varies from group to group.

#### **VISION COVERAGE**



The vision plan provides coverage for routine eye exams and pays for all or a portion of the cost of glasses or contact lenses. You can choose any provider; however, you always save money if you see in-network providers. CEBT offers vision benefits through VSP, which is the network of vision providers you can access. If you would like to find a provider, you are able to go to <u>www.VSP.com</u>. Right on the front page you can enter your zip code to pull up local providers. Please note that the benefit year is a rolling 12 months. The table below summarizes key features of the vision plan. Please refer to the official <u>plan document</u> for additional information on coverage and exclusions.



Even if you have perfect vision, an annual eye exam is important. Just by examining your eyes, a doctor can find warning signs of high blood pressure, diabetes, and more than 200 other major diseases.

COVERED SERVICES	VISION C	
Carrier   Network	VSP	
Benefit Frequency	Exam, Lenses and Frames eligible every 12 months 20% savings on additional glasses and sunglasses, including lens enhancements, from any VSP provider within 12 months of your last Well Vision Exam. Extra \$20 to spend on featured frame brands. Go to vsp.com/offers for details.	
Routine Exam	\$10 Copay	
Lenses, per pair		
Single	\$10 Copay	
Bifocal	\$10 Copay	
Trifocal	\$10 Copay	
Lenticular	\$10 Copay	
Frames	\$175 Allowance	
Contact	\$175 Allowance	

Exclusions: Benefits covered under Worker's Compensation Act, surgery or medical treatment of eyes, replacement of lost, stolen or broken lenses and/or frames, services and supplies for which you or your dependent are not required to pay, services and supplies not listed. This is only intended to highlight some of the pertinent provisions of the Group Plan; such Plan will control in all instances



#### THE MONTHLY COST OF YOUR BENEFITS

PPO3 (\$1,000 Deductible)				
	Employer Cost	Employee Cost		
EE	\$891	\$85		
EE + Spouse	\$1,944	\$200		
EE + Children	\$1,846	\$200		
Family	\$2,172	\$268		
PPO4 (\$1,500 Deductible)				
	PPO4 (\$1,500 Deductible)			
	PPO4 (\$1,500 Deductible) Employer Cost	Employee Cost		
EE				
EE EE + Spouse	Employer Cost	Employee Cost		
	Employer Cost \$897	Employee Cost \$0		

DENTAL				
	Employer Cost	Employee Cost		
EE	\$42	\$0		
EE + Spouse	\$60	\$25		
EE + Children	\$81	\$25		
Family	\$104	\$40		

VISION				
	Employer Cost	Employee Cost		
EE	\$7	\$0		
EE + Spouse	\$6	\$7		
EE + Children	\$7	\$7		
Family	\$9	\$15		

#### **SURGERYPLUS**



SurgeryPlus is a supplemental benefit for non-emergency surgeries which provides high-quality care, concierge-level member service and lower costs. CEBT wants members to get the best care possible and will limit or waive member's out-of-pocket costs if you use SurgeryPlus. Click <u>here</u> to learn more.

### Guided Access to Excellent Surgical Care

#### What is SurgeryPlus?

SurgeryPlus provides you with access to excellent and affordable care for many planned surgical procedures. It's already included in your medical benefits at no additional cost to you.



Did you know...

- For PPO and EPO plans, there will be no cost for your surgery.
- For HDHP plans, the cost of your surgery will be significantly reduced.

#### The SurgeryPlus Difference



#### Excellent Care

Access to our network of thousands of highly qualified surgeons



#### Impactful Savings

Your surgery will be at little or no cost to you when you use your SurgeryPlus benefit



#### Guided Support

Your personal Care Advocate will support you every step of the way through your care

#### Here's what's covered

In partnership with your employer, we cover the most expensive costs associated with surgery, so you'll pay less for your procedure when you use your SurgeryPlus benefit. Your coverage includes:

- Consults and appointments with your SurgeryPlus surgeon
- Anesthesia
- Procedure and facility (hospital) fees
- Dedicated support and guidance

#### Commonly Covered Procedures

- Spine
- Orthopedic
- Ear, Nose & Throat
- Cardiac
- Gynecology
- General Surgery
- Gastrointestinal
- Spine and Ortho Injections



You deserve excellent and affordable surgical care. Call us to learn more at 855.200.6675

Email: <u>CEBT@SurgeryPlus.com</u> Website: <u>CEBT.SurgeryPlus.com</u>



#### **TELADOC**

Teladoc provides 24/7/365 access to U.S. board certified doctors through the convenience of phone or video consults for members on the **PPO3 and PPO4** plans. It's an affordable alternative to costly urgent care and ER visits when you need care fast. Click <u>here</u> to learn more.



# When it's not an emergency, you've got Teladoc. Our doctors are here for you 24/7, by phone or video.



Avoid the long wait times of an urgent care or the ER

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Our licensed physicians help with conditions like the flu, bronchitis, rashes, sinus infections, and more



**Teladoc** 

HEALTH

Talk to a doctor from wherever you are for free

#### Feel better for free without leaving the house.



Visit Teladoc.com/CEBT | Call 1-800-TELADOC (835-2362)

Download the app Constant



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#### **HEALTHCARE BLUEBOOK**



#### Healthcare **Bluebook**.

Healthcare Bluebook is a cost transparency tool that members can use to shop for healthcare and get rewarded! If a member uses the service and visits a green or fair price provider, they could receive a reward in the form of a debit card varying from \$25-\$1,500. Click <u>here</u> to learn more.

# You're probably overpaying for care and don't even know it .

Prices for the same procedure can vary up to 500% depending on where you go. It's true!

With Healthcare Bluebook you can see price information on hundreds of procedures in your area with a simple search. Plus, you can earn rewards for using Fair Price<sup>™</sup> (green) facilities. Get paid to save... It's easy!



#### LIFE & ACCIDENTAL DEATH & DISMEMBERMENT (AD&D) COVERAGE



Life insurance is an important part of your financial security, especially if others depend on you for support. Accidental Death & Dismemberment (AD&D) insurance is designed to provide a benefit in the event of accidental death or dismemberment. Eagle Valley Transportation Authority provides Basic Life and AD&D Insurance to all eligible employees at no cost to employees through The Standard.

**Life** The Life insurance benefit is payable to the designated beneficiary upon the death of the insured.

**AD&D Coverage- Accidental Death and Dismemberment** insurance provides specified benefits for a covered accidental bodily injury that directly causes dismemberment (i.e.; the loss of a hand, foot, or eye). In the event that death occurs from an accident, both the Life and the AD&D benefit would be payable.

Life / AD&D	2.5 x Annual Salary	
	Life and AD&D benefits will reduce 40% at age 65,	
Benefit Reduction	65% at age 70,	
	75% at age 75, and 80% at age 80	

#### SHORT AND LONG TERM DISABILITY

EVTA provides short-term disability (STD) and long-term disability (LTD) insurance through The Standard to all full-time benefit-eligible employees. EVTA pays 100% of the premiums.

**Short Term Disability** pays a weekly benefit to you in the event you cannot work because of a covered non-occupational illness or injury.

- Benefit is 66 2/3% of income
- 14 day waiting period
- Maximum 90 day benefit period
- Benefit is taxable
- Choice plan: you can elect to receive sick pay or disability coverage, but not both

**Long Term Disability** takes over after you have exhausted short-term disability if you have a serious injury or illness that prevents you from working long term.

- Benefit is 66 2/3% of income
- 90 day waiting period
- Coverage to NSSRA (Normal Social Security Retirement Age)
- Benefit is taxable
- 3/12 pre-existing



FINANCIAL SECURITY





#### SUPPLEMENTAL LIFE AND AD&D

Depending on your personal situation, basic life and AD&D insurance might not be enough coverage for your needs. To protect those who depend on you for financial security, you may want to purchase supplemental life coverage. **Eagle Valley Transportation Authority** provides you the option to purchase supplemental life and AD&D insurance for yourself, your spouse, and your dependent children through The Standard. You must purchase supplemental coverage for yourself in order to purchase coverage for your spouse and/or dependents. Supplemental life rates are age-banded for Supplemental Employee and Spouse life. Benefits will reduce starting at age 65.

- **Employee:** \$10,000 increments up to \$500,000—guarantee issue: \$150,000
- **Spouse:** \$5,000 increments up to \$250,000—guarantee issue: \$30,000
- Dependent Children: \$20,000

If you elect supplemental coverage when you're first eligible to enroll, you may purchase up to the guarantee issue amount(s) without completing a statement of health (evidence of insurability). If you do not enroll when first eligible and choose to enroll during a subsequent annual open enrollment period, you will be required to submit evidence of insurability for any amount of coverage. Coverage will not take effect until approved by The Standard. Participants that are currently enrolled in additional life coverage less than \$150,000 can increase their benefit every year by \$20,000 with no medical underwriting up to the Guarantee Issue amount. If you currently have spouse life insurance under \$30,000 you may elect to increase your spouse coverage each year by \$5,000 or \$10,000 but not to exceed \$30,000 or 50% of what you have in additional life insurance.

Employee Age	25	30	40	50	60
\$20,000	\$1.70	\$2.10	\$2.50	\$5.10	\$13.70
\$50,000	\$4.25	\$5.25	\$6.25	\$12.75	\$34.25
\$100,000	\$8.50	\$10.50	\$12.50	\$25.50	\$68.50
\$150,000	\$12.75	\$15.75	\$18.75	\$38.25	\$102.75
\$200,000	\$17.00	\$21.00	\$25.00	\$51.00	\$137.00

\* This is for illustrative purposes only and is not a representative of all age brackets. For a complete list of rates and benefit information please view the <u>benefit booklet</u>.



#### THE STANDARD - EMPLOYEE ASSISTANCE PROGRAM

A helping hand when you need it. Rely on the support, guidance, and resources of your Employee Assistance Program.

There are times in life when you might need a little help coping or figuring out what to do. Take advantage of the Employee Assistance Program,<sup>1</sup> which includes WorkLife Services and is available to you and your family in connection with your group insurance from Standard Insurance Company (The Standard). It's confidential — information will be released only with your

#### Connection to Resources, Support and Guidance

You, your dependents (including children to age 26)<sup>2</sup> and all household members can contact the program's master's-level counselors 24/7. Reach out through the mobile EAP app or by phone, online, live chat, and email. You can get referrals to support groups, a network counselor, community resources or your health plan. If necessary, you'll be connected to emergency services.

#### **Contact EAP:**

**888.293.6948** (TTY Services: 711) 24 hours a day, 7 days a week

healthadvocate.com/standard3

Your program includes up to three counseling sessions per issue. Sessions can be done in person, on the phone, by video or text.

#### EAP services can help with:



Depression, grief, loss and emotional well-being



Family, marital and other relationship issues



Life improvement and goal-setting



Addictions such as alcohol and drug abuse



Stress or anxiety with work or family

Financial and legal concerns



Identity theft and fraud resolution

Online will preparation and other legal documents

#### **Online Resources**

**Visit** <u>healthadvocate.com/standard3</u> to explore a wealth of information online, including videos, guides, articles, webinars, resources, self-assessments and calculators.

#### WorkLife Resources

WorkLife Services are included with the EAP. Get help with referrals for important needs like education, adoption, daily living and care for your pet, child or elderly loved one.



#### **EMPLOYEE ASSISTANCE PROGRAM (EAP)**

Need help with everyday problems? Your Assistance Program offers a wide range of benefits to help improve mental health, reduce stress and make life easier by connecting you to the right information, resources, and referrals. The Triad EAP offers six free counseling sessions per year, per incident for CEBT members and their dependents under 26 and six free life coaching sessions per year. All services are 100% Confidential. Click <u>here</u> to learn more.

#### **Mental Health Sessions**

Manage stress, anxiety, and depression, resolve conflict, improve relationships, and address any personal issues. Choose from in-person sessions, video counseling, or telephonic counseling.

#### Life Coaching

Reach personal and professional goals, manage life transitions, overcome obstacles, strengthen relationships, and build balance.

#### **Financial Consultation**

Build financial wellness related to budgeting, buying a home, paying off debt, managing taxes, preventing identity theft, and saving for retirement or tuition.

#### **Legal Consultation**

Get help with personal legal matters including estate planning, wills, real estate, bankruptcy, divorce, custody, and more.

#### **Work-Life Resources and Referrals**

Obtain information and referrals when seeking childcare, adoption, special needs support, eldercare, housing, transportation, education, and pet care.

#### **Personal Assistant**

Save time with referrals for travel and entertainment, seeking professional services, cleaning services, home food delivery, and managing everyday tasks.

#### **Member Portal**

Access your benefits 24/7/365 through your member portal with online requests and chat options. Explore thousands of self-help tools and resources including articles, assessments, podcasts, and resource locators.

#### **Getting Started Is Easy**

 Visit triadeap.com and click on "Log In to the Member Portal"
 To create your account, you will need to use company code "cebt"

3. From the login page, you can also select "Login Help" for assistance



RIAD

An AllOne Health Company



Call: 877-679-1100

Visit: triadeap.com/



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#### **MODERN HEALTH**



We recognize that many things can impact how we show up day-to-day —including our emotions, careers, relationships, health, and finances. Modern Health makes it simple for you to get support in the areas that matter most to you. Click <u>here</u> to learn more.

Once you register for Modern Health, you will receive some guidance below that can help you determine which level of care may be best for your unique needs:

#### Your CEBT Benefits Through Modern Health:

GROUP CIRCLES



8 Sessions with Certified Coaches

8 Sessions with Therapists, as needed

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Circles: Live Provider-Led Community Sessions

Unlimited Access



Self-Paced Digital Content Library

Unlimited Access

#### ACCOUNTABILITY



Well-being Check-ins

Unlimited Access

#### Here's how you can get started!

1	Download the Modern Health mobile app or go to <u>my.modernhealth.com</u>
2	Sign up with your work email and use the company name; <b>cebt</b>
3	Answer a few questions about your well-being, needs, and preferences



ADDITIONAL BENEFITS &INFORMATION

Get your care recommendation!



### DIGITAL DISEASE MANAGEMENT PROGRAM OMAD

Omada is a virtual care program that combines data-powered human coaching, connected devices, peer support and tailored curriculum to help members achieve their health goals and make sustainable lifestyle changes. The digital care solution offers four programs that focus on prediabetes (prevention), diabetes, hypertension, & musculoskeletal issues. Click <u>here</u> to learn more.

**NEW: Omada<sup>®</sup> now supports** weight loss, joint & muscle pain, diabetes, and high blood pressure.

Create lasting change with Omada. All at no cost to you.

#### What you'll get with Omada:

- ✓ Dedicated health coach & care team
- ✓ Interactive weekly lessons
- ✓ Smart devices, delivered to your door
- ✓ Healthier lifestyle in 10 minutes a day | anywhere, anytime
- ✓ Long term results through habit & behavior change

#### Do what works for you

Find healthy habits and routines that work for you.

#### 24/7 access to support

From weekly lessons to online community, get all the tools you need to face any challenge head-on.

#### You decide what 'healthy' means

Try new things you actually enjoy, rather than avoiding foods you "can't eat" or things you "shouldn't do."

#### The best part?

If you or your family member (18+ for prevention, diabetes, hypertension programs, 13+ for joint and muscle health) are on a CEBT PPO or EPO medical plan and are eligible for any of the Omada programs offered by CEBT, your membership is covered. Members on HDHP plans may have a small fee for the Omada Joint and Muscle Health program.

It only takes a few minutes to get started:

omadahealth.com/cebt

#### With Omada, there's a program for you







#### **UMR CANCER RESOURCE SERVICES (CRS)**



A program designed for personal support following a cancer diagnosis. Cancer Resource Services (CRS) will provide guidance, direction, and support through tenured oncology nurses as well as access to quality Cancer Centers of Excellence (COE).

## Personal support following a complex cancer diagnosis

# Effective treatment of advanced cancers can be complicated, involving multiple health care providers and procedures over an extended period of time.

Cancer Resource Services (CRS), provided through your benefits plan, can help coordinate all aspects of your care, so you can focus on your health and achieve the best outcome possible.

Participants in this program are assigned a personal case manager who will treat you as a person, not a condition. Our case managers are registered nurses with experience in cancer care and will serve as your advocate through the conclusion of your treatment. **This includes:** 

- Taking time to guide you through the complexities of cancer care and your treatment options
- Helping you manage your symptoms and common side effects from chemotherapy and other medications
- Working directly with your benefits plan to determine whether certain procedures or clinical trials will be covered
- Providing assistance in accessing care through an Optum Cancer Centers of Excellence (COE) facility
- Making sure you and your family have the support network you need on your road to recovery

#### **Connect with UMR CARE**

If you plan to seek services from Roswell in New York or Huntsman in Utah, you must enroll with UMR CARE. If you are not accessing one of these facilities, we still encourage you to contact the UMR CARE team to help connect you with the appropriate care for your situation.





#### Optum Cancer COEs deliver

Optum's national network of leading cancer centers offers:

- Expertise in rare and complex cancers
- Expanded treatment options
- Shorter stays and fewer complications
- Improved outcomes and financial savings





#### **UMR MATERNITY CARE**

Get the support you need when considering having a baby, or you are already expecting. UMR Maternity CARE can explain how to reduce your risk of complications and prepare you to have a successful, full-term pregnancy and a healthy baby.



#### Get the support you deserve

Whether you are considering having a baby or are already expecting, UMR Maternity CARE can explain how to reduce your risk of complications and prepare you to have a successful, full-term pregnancy and a healthy baby.

#### How we can help

Healthier women are more likely to have healthy babies. If you're thinking about starting a family, our experienced OB/GYN nurses will help you understand your personal health risks and empower you to take action before you become pregnant. When the time arrives, our registered nurses will support you with timely prenatal education and follow-up calls, and will refer you to case management if a serious condition arises. Your CARE nurse will call you each trimester during your pregnancy and once after your baby is born. If you are pregnant and are identified as high-risk, a CARE nurse will monitor your condition and work to reduce your claims costs throughout your pregnancy and the postdelivery period.

You can self-enroll in Maternity CARE or pre-pregnancy coaching, or you'll be contacted and invited to participate if you're identified as pregnant through a clinical health risk assessment, utilization review or other program referrals.

# It pays to participate

You'll receive an incentive gift\* as a thank you for participating in the program, sent to you after your delivery.



\* To be eligible for the free incentive gift you must enroll during your first or second trimester and continue to actively participate in the program each trimester of your pregnancy.



#### Once enrolled, you'll receive ...

One-on-one phone calls with a nurse who:

- Provides comprehensive pre-pregnancy and prenatal assessments
- Shares educational information before you become pregnant and throughout your pregnancy
- Encourages you to call with any questions or concerns and continues to reach out each trimester and again after your delivery to see how you and your baby are doing
- Sends a courtesy letter informing your physician that you're in the program

#### Guidance for your support person:

You may also choose to identify a support person who can receive an education call and electronic educational packet. The packet includes information to help them support you through your pregnancy, labor and delivery, and postpartum.

#### No-cost educational materials in the mail:

You can choose from a selection of highquality books and other materials containing helpful information about pregnancy, pre-term labor, childbirth, breast-feeding and infant care.

#### CARE ON THE GO:

The CARE app, powered by Vivify Health, allows us to meet members where they are by connecting them to CARE nurses through their mobile device. Our nurses can view individual health metrics from self-reported data or synchronized monitoring devices and are able to virtually connect with members by text, email or face-to-face via streaming video. It's free and confidential.

#### No cost:

Maternity CARE is a valuable benefit provided by your employer at no additional cost to you.

#### Confidential:

UMR takes confidentiality very seriously. It's important to know that we won't share any identifiable, personal health information with your employer. Your employer receives group information only. UMR CARE programs operate in compliance with all federal and state privacy laws.

#### **GET STARTED**



Your first step is to enroll in the Maternity CARE program. Call 1-888-438-8105 OR Scan the QR code to complete the enrollment form online.

No part of this document may be reproduced without permission. The information provided by this program is for general educational purposes only. It is not intended as medical advice and cannot replace or substitute for individualized medical care and advice from a personal physician. Individuals should always consult with their physicians regarding any health questions or concerns.

<sup>© 2021</sup> United HealthCare Services, Inc. UM0061 1021 UA-Ready

#### **TRAVEL ASSISTANCE**



Things can happen on the road. Passports get stolen or lost. Unforeseen events or circumstances derail travel plans. Medical problems surface at the most inconvenient times. Travel Assistance can help you navigate these issues and more at any time of the day or night.

You and your spouse are covered with Travel Assistance — and so are kids through age 25 — with your group insurance from Standard Insurance Company (The Standard).

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Contact Travel Assistance and reference CEBT, policy # 645869, to receive services.

800.872.1414 United States, Canada, Puerto Rico, U.S. Virgin Islands and Bermuda

Everywhere else +1.609.986.1234

Text: +1.609.334.0807

Email: medservices@assistamerica.com





Travel Assistance is available when you travel more than 100 miles from home or internationally for up to 180 days for business or pleasure. It offers aid before and during your trip, including:



Visa, weather and currency exchange information, health inoculation recommendations, country-specific details and security and travel advisories



Credit card and passport replacement and missing baggage and emergency cash coordination



Help replacing prescription medication or lost corrective lenses and advancing funds for hospital admission



Emergency evacuation to the nearest adequate medical facility and medically necessary repatriation to the employee's home, including repatriation of remains <sup>3</sup>



Connection to medical care providers, interpreter services, local attorneys and assistance in coordinating a bail bond

Return travel companion if travel is disrupted due to emergency transportation services or care of minor children if left unattended due to prolonged hospitalization



emergency transportation services leave it stranded

Assistance with the return of your personal vehicle if your

Evacuation arrangements in the event of a natural disaster, political unrest and social instability

#### Standard Insurance Company | 1100 SW Sixth Avenue, Portland, OR 97204 |

1 Travel Assistance is provided through an arrangement with Assist America, Inc. and is not affiliated with The Standard. Travel Assistance is subject to the terms and conditions, including exclusions and limitations of the Travel Assistance Program Description. Assist America, Inc. is solely responsible for providing and administering the included service. Travel Assistance is not an insurance product. This service is only available while insured under The Standard's group policy.

2 Spouses and children traveling on business for their employers are not eligible to access these services during those trips.

3 Must be arranged by Assist America, Inc.

The Standard is a marketing name for StanCorp Financial Group, Inc. and subsidiaries. Insurance products are offered by Standard Insurance Company of Portland, Oregon in all states except New York. Product features and availability vary by state and are solely the responsibility of Standard Insurance Company. ADDITIONAL BENEFITS &INFORMATION

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#### **CONTACT INFORMATION**

To learn more about your benefits, use the contact information below.

Medical, Dental, Vision, Life/AD&D - WTW			
Member Services	303-773-1373 or 1-800-332-1168		
Website	www.cebt.org		

CVS Caremark		
Mail Order	866-885-4944	
Website	www.caremark.com	

Teladoc	
Member Services	1-800-Teladoc (835-2362)
Website	www.Teladoc.com/CEBT

Healthcare Bluebook	
Member Services	1-800-341-0504
Access Code	CEBT
Website	https://www.healthcarebluebook.com/cc/cebt/

SurgeryPlus	
Member Services	1-855-200-6675
Website	<u>cebt.surgeryplus.com</u>

Triad Employee Assistance Program	
Member Services	877-679-1100 or 970-242-9536
Company Code	cebt
Website	<u>www.triadeap.com</u>

Omada Health - Digital Disease Management Program	
Member Services	888-409-8687
Website	https://go.omadahealth.com/cebt_

#### **CONTACT INFORMATION**

UMR Cancer Resource Services Program	
Member Services	866-494-4502

The Standard - Employee Assistance Program	
Member Services	888-293-6948
Website	workhealthlife.com/Standard3
The Standard- Travel Assistance	
Member Services	800-872-1414 (phone) / 1-609-334-0807 (text)
Email	medservices@assistamerica.com
Policy #	645869

CEBT Health and Wellness Centers	
Rifle Address	707 Wapiti Ave #201A Rifle, CO 81650
Rifle Phone#	970-440-8085
Gypsum Address	35 Lindbergh Drive #110, Gypsum, CO 81637
Gypsum Phone#	970-431-2871
Glenwood Springs Address	1901 Grand Ave #200, Glenwood Springs, CO 81601
Glenwood Springs Phone#	970-440-8087

Modern Health	
Email	help@modernhealth.com
Website	https://www.modernhealth.com





### **CEBT HEALTH PLAN REGULATORY NOTICES**

As part of federal requirements, employers and health plan sponsors are required to supply benefit eligible employees with communications containing information of their rights, opportunities, and obligations in regard to their health benefit plan. The following notices are available on the CEBT Website and meet the Plan requirements for these regulatory notices. Each notice listed has a direct link to the document on the website for easy accessibility.

#### **BENEFIT BOOKLETS**

(https://www.cebt.org/benefit-booklets)

SPD – Summary Plan Description is the full written plan document for each separate plan. SBC – Summary of Benefits and Coverage is a summary outlining the primary benefits of each separate plan as required by the Affordable Care Act.

#### HIPAA NOTICE OF PRIVACY POLICY

• This notice describes CEBT's policies and practices with respect to disclosing Protected Health Information ("PHI").

#### COBRA GENERAL RIGHTS NOTICE

• This notice provides newly covered individuals with their rights to COBRA continuation coverage if/when their coverage should terminate.

#### **ANNUAL & OTHER REGULATORY NOTICES**

- The Annual Notice is a booklet of compiled notices which are to be distributed annually to meet the employer and Plan Sponsor federal notice requirements. The notices included in this booklet are:
  - Patient Protection Disclosure
  - Women's Health and Cancer Rights Act
  - The Newborns' and Mothers' Health Protection Act
  - Genetic Information Nondiscrimination (GINA) Act
  - Notice of Adverse Benefit Determination
  - Notice of Final Internal Adverse Benefit Determination
  - Notice of External Review Decision
  - HIPAA Special Enrollment Notice
  - Premium Assistance Under Medicaid and Children's Health Insurance Program (CHIP)
  - COBRA Continuation of Coverage Rights
  - HIPAA Notice of Privacy Practices
  - Medicare Part D Notice of Creditable Coverage
  - Marketplace Coverage Options
- Other Regulatory Notices include:
  - Section 1557-Nondiscrimination Notice
  - CEBT 2022 No Surprise Billing Notice
  - Medicaid and the Children's Health Insurance Program (CHIP) Notice

The following notices are located here: (<u>https://www.cebt.</u> <u>org/resource-</u> <u>center</u>)



This benefit summary provides selected highlights of the Eagle Valley Transportation District employee benefits program. It is not a legal document and shall not be construed as a guarantee of benefits nor of continued employment at the Company. All benefit plans are governed by master policies, contracts and plan documents. Any discrepancies between any information provided through this summary and the actual terms of the policies, contracts and plan documents are governed by the terms of these policies, contracts and plan documents. Eagle Valley Transportation District reserves the right to amend, suspend or terminate any benefit plan, in whole or in part, at any time. The Plan Administrator has the authority to make these changes.