# Core Transit Staff Newsletter

November 27, 2024

# **Winter Driving Tips**

We asked our experienced team members to share their valuable insights to safe driving.

- **Mind your distance!** When driving on ice, it's generally recommended to leave a distance of at least 8 to 10 seconds between your car and the vehicle in front of you. This increased following distance allows for more time to react and stop safely, as icy conditions can significantly reduce traction and increase stopping distances.
- **Safety before Schedule!** Practice patience and remember we are never in too much of a hurry.
- When driving please use your mirrors.
- Vision ahead to look for water spray from your rear tires or tires on vehicles in front. If you see water spray the road is not icy! No water spray = Icy roads (slow down).
- When **stopping at bus stops that have packed snow** or ice, beware of the final braking that will send you to the right and closer to curbs/passengers.
- When moving slow or stopped for traffic/accidents on snow packed or icy roads, the **rear tires try to spin while in drive**, place the bus in neutral and the bus will not slide on ice.

# Updates from your People and Culture Team

# Breakfast of Champions Colorado's Best Transportation Team!



Last week, we gathered as a team to share breakfast treats and give a well-deserved high five in celebration of our incredible achievement. Being recognized as the best large transportation agency in Colorado is a testament to the dedication and teamwork that drives our success every day!

# **CAST Lead Academy Graduates**

Congratulations to Mike Schuering and Alex Romero on Completing Leadership Training — paving the way for excellence in transporation.





# People & Culture FAQ

### 1. How are we doing on hiring?

We're happy to share that we're doing great! Our Core Transit team is fully staffed as we head into winter, and our new employees are excelling in their training. Thanks to everyone's hard work, we're well-prepared for the season ahead. If you see a job posted - we are starting a 'waiting list' for people interested in joining the team when we have openings.

### 2. When will employees see the transition bonus?

Our payroll team is putting in the effort to finalize all the details. Employees can expect their transition bonus on the 12/6 paycheck, just in time for the holidays. Keep an eye out for more updates!

#### 3. What are the holidays for 2025?

Good news! The 2025 holiday schedule has already been approved by the board. They are similar to this year and will be loaded in Paylocity in the near future.

## 4. When is payday?

Payday occurs every other Friday. The next two paydays in 2024 are December 6th and December 20th.

## 5. What's the best way to reach P & C?

Typically a member of the People & Culture team is available from 9a, - 5pm in Building B in Gypsum. Our team is always willing to schedule a time to meet an employee in Gypsum, Vail or Avon if that works better. Email People.Culture@coretransit.org
Selene - (970) 238-9903
Tati at (970) 239-2142

Aryn 970-376-2460

# **Updates from your Marketing Team**

# **Winter Schedule is Starting Sunday!**

#### Where to Find the Schedule:

 The schedule timetables are available online at our schedule page at CoreTransit.org.

#### "Bus Like A Pro" brochure:

- For the first time, we won't have printed schedules available for riders on the bus. Instead, we're introducing the "Bus Like A Pro" brochure!
  - This brochure will help both new and regular riders navigate the system with ease. It includes everything they need to know about our routes, plus a handy set of QR codes, including one for the schedule!

#### **VTC Booth & MSC Office:**

• The VTC Booth and MSC Office will have printed timetables available if riders need one, but we want to encourage riders to use their phones for schedules as much as possible. It's faster, easier, and more convenient for everyone!

# **Useful Tools for Operators**

#### **Laminated Route Timetables:**

 Each bus will have a ring of laminated timetables for quick reference. This way, if you're asked about specific times, you can quickly help riders with what they need.

#### **Business Cards:**

• We've got business cards in both English and Spanish with important contact info and the schedule QR code. There will also be business cards with Lost & Found info and Fare Information.

#### Big Sticker on Buses:

• You'll notice a big sticker on all buses with the QR code to the schedule page. This gives riders a quick way to get schedule details right from their phones!

We hope these tools help make the winter season as smooth as possible for both operators and riders. Thank you for all your hard work in making this winter season seamless and easy for everyone!

# Stay Healthy this Winter

## Flu & COVID-19 Vaccination - Local Guide

As we enter the winter season, protecting your health and the wellbeing of our riders remains a top priority. To support you in staying healthy, we want to ensure you're aware of all available vaccination options for both flu and COVID-19.

#### If you are stopping at ANY location for a shot don't forget:

Insurance card
Photo ID

#### **CEBT Wellness Center - Gypsum**

Address: 785 Red Table Drive, Gypsum, CO 81637

Phone: (970) 431-2962

Hours: Monday-Friday: 7:00 AM - 5:00 PM

Vaccines Available: Flu

Appointments: Required - Call or book online at <a href="https://my.marathon-">https://my.marathon-</a>

<u>health.com/login</u> \* Free for CEBT members and dependents

#### **Colorado Mountain Medical**

Walk-in vaccinations at the following locations:

Avon - Suite 200: Monday - Friday | 8:00 AM – 4:00 PM

Vail: Tuesdays & Fridays | 8:00 AM - 4:00 PM

Eagle: Tuesdays, Thursdays & Fridays | 8:00 AM - 4:00 PM

Dillon: Monday - Thursday | 8:00 AM - 4:00 PM

Phone Number: (970) 926-6340

Covid & Flu Shots Available \*Covid vaccine costs at CMM for uninsured patients

start at \$215.

## Costco Pharmacy - Gypsum

Address: 170 Cooley Mesa Road, Gypsum, CO 81637

Phone: (970) 524-3401

Hours: Monday-Friday: 9:00 AM - 7:00 PM

Saturday: 9:00 AM - 6:00 PM

Sunday: Closed

Vaccines Available: Flu, COVID-19, High-Dose Flu (65+)

Appointments: Preferred - Schedule at <u>costco.com/pharmacy</u>. Notes: No Costco membership required for pharmacy services

# Stay Healthy this Winter

## Flu & COVID-19 Vaccination - Local Guide

## City Market Pharmacy - Eagle & Avon

Address: 104 Market Street, Eagle, CO 81631

Phone: (970) 328-5060

Address: 72 Beaver Creek Place, Avon, CO 81620

Phone: (970) 949-5409

Hours: Monday-Friday: 8:00 AM - 8:00 PM Saturday-Sunday: 9:00 AM - 5:00 PM

Vaccines Available: Flu, COVID-19, High-Dose Flu (65+)

Appointments: Walk-ins welcome or schedule at

https://www.kingsoopers.com/health

#### Walgreens Pharmacy - Avon

Address: 51 Beaver Creek Place, Avon, CO 81620

Phone: (970) 949-8097

Hours: Monday-Friday: 9:00 AM - 7:00 PM

Saturday: 9:00 AM - 6:00 PM Sunday: 10:00 AM - 6:00 PM

Vaccines Available: Flu, COVID-19, High-Dose Flu (65+)

Appointments: Preferred - Schedule at <u>walgreens.com/schedulevaccine</u>

## **Vaccination Coverage & Costs:**

- CEBT Members: All employees enrolled in any of our CEBT plans are eligible to receive flu and COVID-19 vaccines at no cost.
- For Non-CEBT Members: Most insurance plans will cover the cost of flu vaccines. If you are not enrolled with CEBT, please check with your insurance carrier. Flu shots typically range from \$60 to \$125 without insurance.
- No Insurance? Below are some local resources where you can receive a free flu shot if you don't have insurance coverage.



# **Have a Great Day!**

# A Message from the Booth

25 min · 300 cals · 4 serves

Many operators love to cook! Chicken noodle soup is well known for its comforting properties. Our easy homemade chicken noodle soup is simple and quick to make any ...

#### Ingredients

- 1 tablespoon
- <u>Vegetable Oil</u> (or olive)
- 2 cloves <u>Garlic</u> (finely chopped)
- 8 Medium Green Onions (sliced, 1/2 cup)
- 2 Medium Carrots (chopped, 1 cup)
- 2 cups <u>Cubed</u> (cooked chicken)
- 2 cups <u>Uncooked Egg Noodles</u> (4 oz)
- 1 tablespoon Fresh Parsley (chopped, or 1 teaspoon parsley flakes)
- ¼ teaspoon <u>Pepper</u>
- 1 <u>Dried Bay Leaf</u>
- o 6 cups <u>Progressotm Chicken Broth</u> (from two 32-oz cartons)

Directions: In 3-quart saucepan, heat oil over medium heat. Add garlic, onions and carrots; cook 4 minutes, stirring occasionally. Stir in remaining ingredients. Heat to boiling; reduce heat. Cover; simmer about 10 minutes, stirring occasionally, until carrots and noodles are tender. Remove bay leaf.



